



*handy helpers*<sup>™</sup>

Home Care Solutions

## ***New baby shopping list***

### **Clothing**

- Baby grows
- Vests
- Pants & tops
- Cardigan & jacket
- Socks & booties
- Hats
- Mittens
- Lots of bibs

### **Bath time/hygiene**

- Baby tub
- Soaps & lotions
- Nail clippers
- Brush & comb
- Hooded towels
- Washing cloths

### **Feeding (Approx. 0 – 6 months)**

- Breast pump
- Bottles & teats
- Bottle warmer
- Bottle brush
- Nursing bras & tops

### **Feeding (Approx. 6 + months)**

- High chair
- Spills mat
- Plastic bowls & sip cups
- Rubber-tipped spoons
- Food blender

## Changing

- Nappies, baby wipes & cotton wool
- Nappy cream & powder
- Nappy bin & nappy disposal bags
- Changing mat

## Traveling items

- Pram / buggy
- Baby sling / carrier
- Car seat
- Nappy / carry bag

## For the Nursery

- Cot (with mattress, sheets & blankets)
- Changing table & dresser
- Monitor or nanny cam
- Nightlight
- Recliner & entertainer
- Play mat

## Health & safety

- Thermometer
- Cotton wool
- Nasal aspirator
- Contact details of chosen Paediatrician
- Safety gates
- Child locks
- Plug outlet covers and toilet seat latches
- Corner bumpers
- Nanny cam if you prefer

## Other items

- Soothers & soother sterilizer
- Books on baby & post-pregnancy care
- Soft toys & mobiles
- Classical / lullaby music
- Lots of muslins / flannels
- Photo album & frame; Baby book / journal

## Hospital bag

- Nightgowns (front opening), dressing gown, slippers and nursing bras
- Maternity sanitary towels
- Toiletries
- Nappies, baby wipes & cotton wool
- Baby clothes
- Car seat
- Camera or charged smartphone☺